



FOOD SCOOP

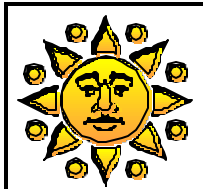
“A Michigan Food & Nutrition Program Edition”

August 2001

Issue No. 1

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NEED ASSISTANCE CALL:

School Meals Program

Food Distribution

Fiscal Reporting

Child Care Food Program

Fax Number



(517) 373-3347

(517) 373-8642

(517) 373-2077

(517) 373-7391

(517) 373-4022



Food For Thought

Food Allergy Materials Available

The Food Allergy & Anaphylaxis Network (FAAN) is distributing free copies of its School Food Allergy Program, a multimedia program that features a team approach to help schools manage students with food allergies. The program is already in place in thousands of schools across the country, according to FAAN.

The program includes sections for food service staff, school nurses, teachers and principals. It contains a video, sample forms. A 100 page plus binder, a Food Allergy Awareness Poster, an EpiPen trainer, model school programs and materials for the Be A PAL: Protect A Life from Food Allergy program, which teaches students how to help prevent allergic reactions in their friends with food allergies.

Contact FAAN, 100400 Eaton Place, Suite 7, Fairfax, VA, 222 - www.foodallergy.org



Commodity Corner

RATES OF DISTRIBUTION

Food Service Directors may notice a change in the rates of distribution for some USDA Commodity products on the order form from TLC and Northern Warehouses for the SY 2001/2002. Each year the rates are reviewed and adjusted to

reflect the current year USDA Commodity orders/purchases. If you have questions or concerns regarding this issue, please contact the Food Distribution Unit of MDE at 517-373-8642.

WAREHOUSE PRICE INCREASE

TLC and Northern Warehouses have been granted a cost of living increase for the 2001/2002 SY. Starting with August deliveries, you may notice a small increase in the storage and delivery fees for both warehouses. Due to the increase in the cost of fuel as well as other cost of living expenses, the Department of Management and Budget approved the increases. Please feel free to contact MDE if you have questions or concerns.

THE MAGIC OF BEANS

It's the start of a NEW SCHOOL YEAR and time to think about new menu ideas. When planning menus for the SY 2001/2002, don't forget to include the dehydrated Frijole Ole Refried Beans.

The dehydrated Frijole Ole Refried Beans, processed from USDA commodity dried pinto beans, are an excellent product to use in School Meals to increase the intake of protein while adding little fat. Food service directors who have been using this product with success offer this advice: Remember to **add more water**, depending on consistency desired, as the product sits on the steam table.

We have lots of this product in the warehouses just waiting to be ordered. These dehydrated Refried Beans were a slow mover last year. However, if everyone orders a case or two, we'll have this product gone in no time. Consider these **MENU IDEAS** using the reconstituted beans:

- , Use in Burritos, Enchiladas, Nachos or Tacos
- , Use in Flavored Wraps along with Lettuce, Tomatoes, Cheese and Salsa
- , Use in Soups and Chili
- , Layer with Noodles and Cheese for a Lasagna
- , Mix with Mixed Vegetables and Shredded Cheese on a Bun, heated for a *BEANIE MELT*
- , Use as a Bean-Based Chili over Hot Dogs, Burgers, Potato Wedges or Baked Potato
- , Add to Sloppy Joes, reducing amount of meat
- , Use in Pita Bread with Vegetables and Shredded Cheese
- , Add to Pizza to make a Tex-Mex Pizza (in place of pizza sauce)
- , Serve in a Tortilla as a low-fat bread/butter substitute for breakfast or lunch
- , Mix with enough salsa to make a spread. Add chili powder or pepper sauce to taste.
- , As a Side Dish Topped with Shredded Cheese and/or Salsa

NEW PRICE FOR SORBET/SHERBET

Effective July 2001, the Cherry Sorbet Cup, commodity code 331, and Bubble Gum Sherbet, commodity code 092, have been reduced in price. These are delicious, refreshing products that are sure to please kids. They are cholesterol and fat free and contain no preservatives or artificial colors. Each cup costs less than 12 cents and contributes 1/4 cup fruit to the NSLP.

SOC GRILLED CHICKEN PATTY

Last school year brought many complaints regarding the SOC Grilled Chicken Patty from USDA. Several schools complained about the grilled chicken patty's pink color, even after bringing to proper temperature. MDE had samples sent to USDA in Washington, D.C. to be evaluated for food safety. The following is the correspondence MDE received from Sara Lutton who tested the grilled chicken patty. Please note that the product discoloration *does not* pose a health threat or affect the flavor of the product. Both warehouses have product available and many schools have experienced good feedback from students.

"This is in response to the subject complaints regarding grilled chicken patties. The patties were produced at ConAgra, Milan, Missouri and Tyson Foods, Berryville, Arkansas, respectively. Representatives from the recipient agency reported the product was pinkish in color when fully cooked.

On April 3, members of the national staff examined representative samples from the associated production lots. No pinking was observed on the product submitted for evaluation.

Studies have revealed many contributing factors linked with abnormal pigmentation in cooked poultry. Among the primary causes are residual nitrates and/or nitrites from poultry feed/water, chill water, ice, or product formulas. Since these nitrogen-based compounds are also sometimes used to protect against *Clostridium botulinum* they can be present in the processing environment and minimal contact may occur. Additionally several school systems use gas-fired, convection ovens. When gas is ignited, chemical reactions produce volatile compounds such as carbon monoxide and nitric oxide that are released into the atmosphere. Research indicates that these compounds can react

with muscle fiber pigment, myoglobin, producing a pinkish discoloration. Similarly, the defect may occur as a result of the birds exposure to exhaust gases from live haul trucks which hold the poultry prior to slaughter. Additionally, ammonia leakage from refrigeration units or nitric oxide contamination in gases used for freezing may cause the defect. Each of these unaccompanied sources may not be significant, but combined may impart pinking. However, the discoloration does not pose a health threat or affect the flavor of the product.

Since pinking was not observed on the grilled patties submitted for evaluation, we consider this product to be wholesome and in compliance with Specification requirements. Therefore, no further action is necessary. Currently, scientific studies have demonstrated the addition of selected dairy proteins may eliminate the defect, however, further research is necessary.

Based on our review, we will continue to monitor the number of complaints associated with the product pinking to determine if modifications to the specifications are warranted.”

School Meals Programs



**Regulatory
Issues**

Application-Agreement Renewal Materials and Prototype Documents: 2001-2002

The school meals programs renewal materials and prototype documents were mailed to the office of the superintendent on June 20, 2001. The materials are due back to our office by Friday,

August 31, 2001. Please check with your superintendent's office if you cannot locate the packet. You may access the renewal materials (excluding the Schedule A pre printed for your school), prototype documents including the Family Application For Free and Reduced Price Meals, Form SM-4458-C using the following website: <http://www.state.mi.us/mde/off/oss/index.htm#SchoolMeals>

If you elect to use the optional Family Application please be sure that you pay careful attention to the information provided in “Using a Family Application for Free and Reduced Price Meals” that accompanies the form. If you have *any* questions on how to use the form or whether it is appropriate for your school district, please call our office and speak to a Field Representative or Consultant 517/373-3347. If the Family Application is used inappropriately, fiscal action could result.

Applications for Free and Reduced Price School Meals

Remember: Prior school year applications may be used for the first 30 operating days of the current school year or until September 30, whichever comes first. *The use of current school year applications must begin by October 1 of the school year.* Any prior school year applications used beyond this time will violate federal regulations and result in fiscal sanctions.

School Meals Initiative – Nutrition Reviews

Attached to this issue is the “List of Schools Selected For Nutrient Analysis for the 2001-2002 School Year”. The list is not presented in any particular order. The schools listed will be provided further information and due dates for completing the nutrient analysis process. Any questions should be directed to the School Meals Unit at 517/373-3347.

<div>August 2001</div> <div>CALENDAR OF EVENTS</div> <div>CHILD NUTRITION PROGRAM</div>	<div>Michigan State Board of Education</div> <div>Kathleen N. Straus, President</div> <div>Sharon L. Gire, Vice President</div> <div>Michael David Warren Jr., Secretary</div> <div>Eileen L. Weiseer, Treasurer</div> <div>Marianne Yared McGuire, NASBE Delegate</div> <div>John C. Austin</div> <div>Herbert S. Moyer</div> <div>Sharon Wise</div> <div>Thomas D. Watkins, Superintendent</div> <div>Governor John Engler, Ex-Officio</div>
August 2001	
10	July Monthly Claim Due
29	Cut-off for June Monthly Claim
September 2001	
10	August Monthly Claim Due
29	Cut-Off for July Monthly Claim
October 2001	
10	September Monthly Claim Due
15-19	National School Lunch Week http://www.asfsa.org/meetingsandevents/nslw2001/
24-26	School Food Service Directors Conference - Shanty Creek, Bellaire, MI
30	Cut-Off for August Monthly Claim
31	County Free and Reduced Applications to Determine Verification Sample Size

COMMODITY UPDATE SY 2002

New Processed Foods - Vendor - Commodity Food

Chicken Rings - *Pilgrim's Pride* - Chicken

Taco Filling, Pork - *JTM* - Pork

Bosco Breadsticks - *Bosco's Pizza* - Mozzarella Cheese

Stuffed Pizza Dippers - *Rich Sea Pak* - Mozzarella Cheese

Pork Rib Shaped Pork Patty (RibBQue) - *Pierre Foods* - Pork

Pork Rib Nibbler - *Pierre Foods* - Pork

Strawberry Fruit Cups - *Wawona Foods* - Strawberries

Apple Fruit Cups - *Wawona Foods* - Apples

Apricot Applesauce, Ind. 4 oz. - *United Commodity Group* - Apricots

PBJ EZ Jammer Sandwich, small - *Albie's Foods* - Peanut Butter

Breaded Mozzarella Sticks - *Rich Sea Pak* - Mozzarella Cheese

Orange Juice, 4 oz. Cups - *United Commodity Group* - Orange Juice

Orange Juice, 4 oz. Cartons - *United Commodity Group* - Orange Juice

Cherry Pie Filling (if cherries are offered) - *United Commodity Group* - Cherries

Pizza Boats (formerly, Popa Joe French Bread Pizza) - *Williamston Foods* - Mozzarella Cheese

Breaded Pork Patty - *New Vendor* - *Pierre Foods* - Pork

Processed Foods to be Discontinued:

Apple Turnover - (will process if Apples are offered)

Blueberry Turnover

Cheese, Shredded American (Land of Lakes)

Danish, Apricot Lo-Fat

Danish, Blueberry Lo-Fat

French Toast Stick

Taco Filling, Pork/Turkey

Smuckers Uncrustable PBJ Sandwich - small size

String Cheese, 1 oz.

New USDA Donated Foods:

Carrots, Canned - 6 /#10

Chicken, Cooked, Breaded, Frozen, 30# Carton

Pear, Canned, Diced - 6/#10

Pineapple, Canned, Tidbits - 6 /#10

Products Overstocked in Warehouse:

Bubble Gum Sherbet - price reduced for SY 2002

Cherry Sorbet Cup - price reduced for SY 2002

Chicken Grill Patty, SOC

Refried Beans, Dehydrated

Turkey Rst., Sliced, SOC

Donated Foods Unavailable for SY 2002:

Turkey, Ground, Frozen - 4/10 lb. Carton

Pork, Ground, Frozen - 40 lb. Carton

**LIST OF SCHOOLS SELECTED FOR NUTRIENT ANALYSIS
for the 2001-02 School Year**

02-020	Burt Township Sch. Dist.	11-030	Lakeshore Pub. Schs.
00-000-04	Alpena-Montmorency-Alcona ISD	11-030-3961	St. Pauls Lutheran Sch.
04-000-8001	Hope House	11-033	River Valley Sch. Dist.
04-010-1831	Immanuel Lutheran Sch	11-200	New Buffalo Area Schs.
04-010-3891	St. Mary Sch	11-240	Berrien Springs Pub. Schs.
05-010	Alba Pub. Sch. Dist.	11-240-4976	Berrien Springs SDA Sch.
05-040	Bellaire Pub. Schs	11-250	Eau Claire Pub. Sch.
06-010	Arenac-Eastern Sch. Dist.	11-300	Niles Community Sch.
07-040	L'Anse Area Sch. Dist.	11-310	Buchanan Community Schs.
09-000-8002	Bay County Juvenile Home	11-320	Watervliet Pub. Schs.
09-010-1745	Holy Trinity Sch.	11-320-3790	St. Joseph Catholic Sch.
09-010-4628	Zion Lutheran Sch.	11-340	Bridgman Pub. Schs.
09-010-5482	St. Paul Lutheran Sch.	11-340-1826	Immanuel Lutheran Sch.
09-010-5514	Trinity Lutheran Sch.	11-901	Countryside Charter Sch.
09-010-5666	St. Stanislaus Parochial Sch.	11-903	Benton Harbor Charter Sch.
09-050-3756	St. John Sch.	00-000-12	Branch ISD
09-090-3610	St. Anne Sch.	13-095	Mar Lee Sch.
00-000-11	Berrien County ISD	15-010	Beaver Island Comm. Schs.
11-000-8001	Berrien County Juvenile Center	15-060	East Jordan Public Schs.

11-000-8002	Link Crisis Intervention Center	16-100	Wolverine Community Schs.
17-160	Whitefish Township Schs.	25-906	Center Academy
17-901	Bahweting Anishnabe PSA	25-908	Academy of Flint
00-000-18	Clare-Gladwin ISD	25-909	Burton Glen Charter
18-060	Harrison Community Schs.	26-010	Beaverton Rural Sch.
19-000-8001	Green Haven Youth Home	27-010	Bessemer Area Sch. Dist.
19-010	Dewitt Pub. Schs.	27-020-1746	Our Lady of Peace Sch.
19-070	Fowler Pub. Schs	27-080	Watersmeet Twp. Sch. Dist.
19-140	St. Johns Pub. Schs.	28-010-1843	Interlochen Arts Academy
19-140-3805	St. Joseph Catholic Sch.	30-050	North Adams Jerome Pub. Schs.
20-000-8001	Shawono Center	31-020	Adams Twp. Sch. Dist.
20-000-8002	Kenquest House	32-050-0837	Cross Lutheran Sch.
21-000-8001	Bay Pines Center (FIA)	32-130-3779	St. Johns Lutheran Sch.
22-010-6011	Dickinson Area Catholic Sch.	33-000-8006	St. Vincent Hm for Children
22-025	Norway Vulcan Area Schs.	33-010-8389	Greater Lansing Islamic Sch.
23-000-8001	Eaton County Youth Facility	33-901	Michigan Early Elem. Ctr.
25-010	Sch. Dist. City of Flint	33-908	New City Academy
25-010-3956	St. Paul Lutheran Sch.	33-909	Windemere Park Charter Academy
25-080-1733	Holy Redeemer Sch.	34-010-3776	St. Johns Lutheran Sch.
25-100-3763	St. John Sch	34-040	Palo Community Sch.
25-180-3888	St. Mary Queen of Angels Sch.	34-080-3798	St. Joseph Sch.
25-904	Northridge Academy	34-120	Saranac Community Schs.

25-905	International Academy of Flint	36-000-8001	Forestland Group Homes
37-040	Beal City Pub. Sch.	41-145-1744	Holy Trinity Cath. Sch.
37-040-3823	St. Joseph The Worker Sch.	41-210-0135	Assumption BVM Sch.
37-901	Renaissance Pub. Sch. Academy	41-210-5939	Our Lady of Consolation Sch.
39-000-8001	Lakeside Inc.	41-240-4221	Trinity Lutheran Sch.
39-010-3624	St. Augustine Cathedral Sch.	41-904	West Michigan Academy
39-010-3939	St. Monica Sch.	41-914	Knapp Charter Academy
39-901	Northside Preparatory Sch	41-915	Walker Charter Academy
39-903	Oakland Academy	41-916	Cross Creek Charter Academy
39-904	Kalamazoo Advantage Academy	41-917	William C. Abney Academy
39-905	Paramount Charter Academy	41-920	Chandler Woods Academy
41-000-8001	St. Johns Home	41-921	Grand Rapids Child Discovery Ctr.
41-000-8004	Wedgwood Christian Youth	43-040	Baldwin Community Sch.
41-000-8007	The Bridge for Runaways	45-040	Northport Pub. Sch. Dist.
41-000-8012	Bethany Christian Services	46-000-8001	Boysville of Michigan
41-000-8013	Pine Rest/CPRS	46-000-8003	Maurice Spears Campus
41-010-1828	Immanuel St. James Lutheran Sch.	46-060	Clinton Community Sch.
41-010-3590	St. Alphonsus Parish Sch.	46-070	Deerfield Pub. Sch.
41-010-3742	St. James Cath. Sch.	49-070	Moran Township Sch. Dist.
41-020	Godwin Heights Pub. Sch.	49-110	Mackinac Island Pub. Sch.

41-026-3361	The Potters House	50-020-3978	St. Peters Lutheran Sch.
41-120	Godfrey Lee Pub. Sch.	50-020-4029	St. Thomas Lutheran Sch.
50-100-3778	St. John Lutheran Sch.	55-901	Nah Tah Wahsh Pub. Sch. Academy
50-140-4214	Trinity Lutheran Sch.	56-010-3642	St. Brigid Elementary Sch.
50-160-3866	St. Mary Sch.	56-020	Bullock Creek Sch. Dist.
50-200	South Lake Sch.	56-901	Windover High Sch.
50-230	Warren Consolidated Sch.	58-000-8001	Monroe County Youth Center
50-902	Conner Creek Academy East	58-010-4217	Trinity Lutheran Sch.
50-904	Conner Creek Academy	58-030-3612	St. Anthony Sch.
00-000-51	Manistee ISD	58-050	Dundee Community Sch.
51-045	Kaleva Norman Dickson S/D.	58-090	Mason Consolidated Sch.
51-070	Manistee Area Pub. Sch.	59-020	Carson City Crystal Schs.
51-070-2338	Manistee Cath. Central Sch.	59-125	Central Montcalm Pub. Sch.
52-000-8001	Marquette County Youth Home	59-901	Threshold Academy
52-000-8003	Teaching Family Homes	61-010	Pub. Sch. City of Muskegon
52-100	Powell Township Sch. Dist.	61-010-4218	West Shore Lutheran Sch.
52-110	Republic Michigamme Sch.	61-065	Oakridge Pub. Sch.
52-160	Wells Township Sch.	61-080	Fruitport Community Sch.
52-170	Marquette Area Pub. Sch.	61-190	Orchard View Pub. Sch.
52-180	Ishpeming Sch. Dist.	62-040-3369	St. Michaels Cath. Sch.
52-901	Tri High Pub. Sch. Academy	63-000-8006	Oakland County Childrens Village
54-025-3932	St. Michael Sch.	63-000-8008	Judson Center

55-120	Stephenson Area Pub. Sch.	63-040-3473	Shrine of Little Flower Grade Sch.
63-050-6087	Beth Yehudah	73-190-1829	Immanuel Lutheran Sch.
63-160	West Bloomfield Sch. Dist.	73-190-3839	St. Lorenz Lutheran Sch.
63-180	Brandon Sch. Dist.	73-909	Francis Reh Pub. Sch. Academy
63-906	Pontiac Academy for Excellence	73-910	North Saginaw Campus
63-907	Great Lakes Academy	00-000-74	St. Clair Co. ISD
63-913	Walton Charter Academy	74-000-8004	Comprehensive Youth Serv.
64-000-8001	Fort Rosa Parks	74-000-8006	Blue Water Dev. Housing Inc.
65-045-3357	St. Joseph Sch.	74-010-3682	St. Edwards on the Lake Sch.
66-070	White Pine Sch. Dist.	74-030-3649	St .Catherine Elem. Sch.
67-000-8001	Eagle Village Inc.	75-080-1820	Immaculate Conception Sch.
67-020	Evart Pub. Sch.	78-000-8001	Joseph S. Linden Home for Children
67-055	Pine River Area Sch.	78-030	Durand Area Sch.
67-060	Reed City Area Pub. Sch.	78-040	Laingsburg Community Sch.
68-030	Fairview Area Sch.	78-110	Owosso Pub. Sch.
70-000-8001	Ottawa Area Juvenile Det.	78-110-3568	Spring Vale Academy
71-060	Posen Cons. Sch. Dist.	79-000-8003	Bridges Assessment Center
73-000-8005	Saginaw Cty. Youth Protection	79-110-3969	St. Paul Lutheran Sch.
73-000-8007	Wolverine Secure Treatment Ctr.	80-150	Mattawan Consolidated Sch.
73-010-1720	Holy Cross Lutheran Sch.	81-000-8002	Washtenaw Co. Juvenile Hm

73-010-5487	St. Stephen Elem. Sch.	82-000-8002	Christ Child Home
73-030-0311	Bethlehem Lutheran Sch.	82-000-8006	Federation of Youth Services
73-040-6862	Valley Lutheran High Sch.	82-000-8018	Girlstown Foundation
82-000-8019	Wayne County Juvenile Detention	82-140-4981	Bishop Borgess High Sch.
82-000-8037	Off the Streets	82-150-3783	St. Johns Lutheran Sch.
82-000-8038	Vista Maria Sch.	82-150-5102	Peterson-Warren Academy
82-000-8039	Childrens Home of Detroit	82-155-3820	St. Joseph Sch.
82-000-8040	Methodist Childrens Home Society	82-240-4772	Bethlehem Temple of Inkster
82-000-8042	Paul Martin Home for Boys	82-290-3885	St. Mary Sch.
82-000-8050	Calumet Detention Center	82-405-5945	Christ the King Luth. Sch.
82-010-0309	Bethany Lutheran Sch.	82-903	Aisha Shule/W E B DuBois
82-010-1398	Gesu Elementary Sch.	82-904	Plymouth Educational Ctr.
82-010-2627	Mt. Calvary Lutheran Sch.	82-905	Nataki Talibah Sch.house
82-010-3629	St. Bartholomew Sch.	82-907	Michigan Automotive Academy
82-010-3782	St. John Lutheran Sch.	82-923	Chandler Park Academy
82-010-4197	Transfiguration Sch.	82-933	Timbuktu Academy of Science
82-010-5069	East Bethlehem Luth. Sch.	82-942	Hope Academy
82-010-5117	Detroit Urban Luth. Sch.	82-944	MI Institute/Construction
82-010-5175	Most Holy Trinity Sch.	82-945	Detroit Edison Pub. Sch. Academy
82-030-0142	Atonement Lutheran Sch.	82-947	David Ellis Academy
82-055	Grosse Pointe Pub. Sch.	82-953	YMCA Service Learning Academy

82-055-5583	St. Paul Cath. Sch.	82-954	Beacon International Academy
82-070-3633	St. Benedict Cath. Sch.	82-955	Allen Academy
82-140-1762	Hosanna Tabor Luth. Sch.	82-957	Hope of Detroit Academy
82-958	Joy Preparatory Academy	82-966	Detroit Advantage Academy
82-962	New Beginnings Academy	82-967	Metro Charter Academy
82-963	George Washington Carver Academy	82-968	Canton Charter Academy
82-965	University Preparatory Academy	83-060	Manton Consolidated Sch.

NUTRIENT ANALYSIS - PROCESSED FOODS

School Year 2001/2002

Product Serving per case/ Serving Size	School Meal Contribution	Food Energy	Protein	Carbs.	Fat	Saturated Fat	Cholesterol	Vitamin A	Vitamin C	Iron	Calcium	Sodium	Fiber
		calories	grams	grams	grams	grams	mg	units	mg	mg	mg	mg	grams
Albie's													
EZ Jammers 72/2.8 oz. each	1 Meat 1.25 Bread	320	12	37	15	2	0	0	0	6%	4%	350	3
Bosco													
Breadstick Stuffed w/ cheese 72/1 stick	1 Meat 2 Bread	210	28	24	7	3.5	15	4%	0	2%	20%	400	1
Bun Basket													
Bread Stix 180/1 stick	1 Bread	160	5	32	1	0	0	0	0	2	12	330	1
Cutie Pie													
Apple Turnover 80/1 piece	2 Bread ½ cup fruit	299	4	50	9	2	0	12	19	2	23	377	2
Blueberry Turnover 80/ 1 piece	2 Bread ½ cup fruit	301	4	51	9	2	0	15	3	2	25	338	2
Cherry Turnover 80/1 piece	2 Bread ½ cup fruit	317	4	54	9	2	0	239	2	2	27	339	2
Peach Turnover 80/1 piece	2 Bread ½ cup fruit	309	4	53	9	2	0	109	2	2	25	336	2

Product Serving per case/ Serving Size	School Meal Contribution	Food Energy	Protein	Carbs.	Fat	Saturated Fat	Cholesterol	Vitamin A	Vitamin C	Iron	Calcium	Sodium	Fiber
		calories	grams	grams	grams	grams	mg	units	mg	mg	mg	mg	grams
<i>Festida</i>													
6" Flour Tortilla 288/1 each	1 Bread	75	2	13	2	1	0	0	0	4%	1%	190	1
8" Flour Tortilla 288/1 each	1 1/4 Bread	94	3	16	3	1	0	0	0	5%	1%	238	1
Tortilla Pieces 32/12 chips	1 Bread	140	2	18	8	1	0	0	0	8%	4%	0	3
<i>Frijole Ole</i>													
Beans, Refried 134/3 oz. prepared	No Contribution	36	2	6	0	0	0	0	0	0	0	71	3
<i>Goldkist, Inc.</i>													
Chicken Nuggets 174/5 nuggets	2 oz. Meat 1 Bread	234	15	12	14	2	32	98	1	1	3	355	0
<i>J. M. Smucker</i>													
Crustless P B & J Sandwich 72/4.8 oz. each	2 Meat 2 Bread	570	20	52	34	7	0	0	0	15%	10%	540	5

Product Serving per case/ Serving Size	School Meal Contribution	Food Energy	Protein	Carbs.	Fat	Saturated Fat	Cholesterol	Vitamin A	Vitamin C	Iron	Calcium	Sodium	Fiber
		calories	grams	grams	grams	grams	mg	units	mg	mg	mg	mg	grams
JTM Provisions, Inc.													
Beef Chili w/beans 80/6.12 oz.	2 oz. Meat 1/4 cup Vegetable	141	14	11	4	2	16	443	12	3	60	585	5
Cheddar Cheese Sauce 240/2 oz.	1 oz. Meat	120	8	2	9	6	30	338	6	0	228	540	0
Drained Beef Spaghetti Sauce 80/6 oz.	2 oz. Meat 1/4 cup Vegetable	168	17	10	7	3	28	602	19	3	30	497	2
Drained Beef Taco Filling 136/3.5 oz.	2 oz. Meat 1/8 cup Vegetable	122	15	5	5	2	20	974	6	3	40	681	2
Drained Pork Taco Filling 136/3.51 oz.	2 oz. Meat 1/8 cup Vegetable	120	13	5	5	2	20	890	6	2	44	500	2
Pleva Pork Sausage 128/1 patty	1 oz. Meat	80	6	1	6	3	20	20	0	1	14	290	0
Pleva Beef Patty Raw 100/1 patty	2 oz. Meat	174	15	3	12	5	50	25	0	2	8	271	1
Pleva Beef Patty Pre- cooked 140/1 patty	2 oz. Meat	170	14	4	11	4	40	25	0	1	24	260	1
6" Full Baked Sub Bun 96/1 bun	3 ½ Bread	240	9	44	4	1	0	0	0	3	68	410	2
5" Mini Full Baked Sub Bun 96/1 bun	2 Bread	150	5	28	3	0	0	0	0	2	43	260	1

Product Serving per case/ Serving Size	School Meal Contribution	Food Energy	Protein	Carbs.	Fat	Saturated Fat	Cholesterol	Vitamin A	Vitamin C	Iron	Calcium	Sodium	Fiber
		calories	grams	grams	grams	grams	mg	units	mg	mg	mg	mg	grams
<i>Land O'Lakes</i>													
Macaroni & Cheese 6/5#/ 1 cup	2 oz. Meat 1 1/4 Bread	460	20	35	29	15	70	35%	0	8%	40%	1,640	1
<i>Litehouse</i>													
BBQ Sauce 4/1 gal/ 2 T.	No Contribution	40	0	9	0	0	0	2	2	0	0	380	0
Buttermilk Dressing Lo-cal 4/1 gal/ 2 T.	No Contribution	80	0	2	7	1	10	0	0	0	0	170	0
French Dressing Lo-cal 4/1 gal/ 2 T.	No Contribution	35	0	6	2	0	0	4	0	0	0	290	0
Golden Italian Dressing 4/1 gal/ 2 T.	No Contribution	80	0	3	7	1	0	2	0	0	0	300	0
Golden Italian Dressing Lo-cal 4/1 gal/ 2 T.	No Contribution	70	0	8	4	1	0	0	0	0	0	330	0
Ranch Dip 2/1 gal/ 2 T.	No Contribution	150	0	3	15	2	10	0	0	0	0	230	0
Ranch Dressing 4/1 gal/ 2 T.	No Contribution	150	0	3	15	2	10	0	0	0	0	230	0
Salad Dressing 4/1 gal/ 1 T.	No Contribution	70	0	3	6	1	10	0	0	0	0	120	0
Salad Dressing Lo-cal 4/1 gal/ 1 T.	No Contribution	35	0	3	2	0	5	0	0	0	0	125	0
<i>Litehouse (con't.)</i>													

Product Serving per case/ Serving Size	School Meal Contribution	Food Energy	Protein	Carbs.	Fat	Saturated Fat	Cholesterol	Vitamin A	Vitamin C	Iron	Calcium	Sodium	Fiber
		calories	grams	grams	grams	grams	mg	units	mg	mg	mg	mg	grams
Taco Sauce 4/1 gal/2 T.	No Contribution	10	0	2	0	0	0	0	6%	2%	0	240	0
Frontier French 4/1 gal/ 2T.	No Contribution	130	0	8	11	2	0	2%	2%	0	0	380	0
<i>Pierre</i>													
Breaded Pork Patty 85/3.85 oz.	2 oz. Meat 1 Bread	294	16	15	19	5	46	49	0	2	25	477	.5
Pork Rib-E-Q 160/2.4 oz.	2 oz. Meat	153	15	3	9	3	43	84	1	1	22	400	.7
Pork Rib Nibblers 100/2.4 oz.	2 oz. Meat	136	15	3	7	3	37	104	1	1	29	396	1
<i>Pilgrim Pride</i>													
Chicken Rings 60/3.4 oz./5 rings	2 Meat 1 Bread	265	13	12	18	4	92	0	0	2	17	594	0
<i>Rich Sea Pak</i>													
Breaded Mozzarella Cheese Sticks 80/3 sticks	1 Meat 1.25 Bread	230	14	14	13	5	15	221	0	.8	251	430	<1
Stuffed Pizza Dippers 100/4 sticks	2 Meat 2 Bread	320	19	29	14	7	30	404	0	.8	422	680	<1
<i>Sunny Fresh</i>													
Cinnamon Glazed Toast 150/1 toast	1 oz. Meat 2 Bread	244	8	34	8	2	122	242	0	2	69	339	1
<i>Sunny Fresh (cont'd)</i>													

Product Serving per case/ Serving Size	School Meal Contribution	Food Energy	Protein	Carbs.	Fat	Saturated Fat	Cholesterol	Vitamin A	Vitamin C	Iron	Calcium	Sodium	Fiber
		calories	grams	grams	grams	grams	mg	units	mg	mg	mg	mg	grams
Diced Eggs 320/1 oz.	1 oz. Meat	43	3	1	3	1	122	160	0	0	17	71	0
Grilled Egg Pattie 240/1 pattie	1 1/4 oz. Meat	47	3	1	3	1	113	174	0	0	20	119	0
Scrambled Egg Mix 320/1 oz.	1 oz. Meat	40	4	1	2	1	110	164	0	0	25	39	0
Colby Cheese Omelet 225/1 omelet	2 oz. Meat	111	8	1	8	2	189	378	0	1	96	209	0
<i>Tyson</i>													
Breaded Chicken Patties 115/1 patty	2 oz. Meat 1 Bread	270	16	11	18	40	50	2%	0	6%	0	430	1
<i>United Commodity</i>													
Apple Raisin Muffin 96/1 muffin	1 Bread	220	2	33	9	2	0	0	0	0	0	190	0
Apricot Applesauce 96/1/2 cup	1 Fruit	110	0	31	0	0	0	0	2%	0	2%	20	2
Blueberry Muffins Lofat 96/1 muffin	1 Bread	190	2	34	5	1	0	0%	0%	4%	2%	220	<1
Burrito Pork/Cheese 60/1 each	2 oz. Meat 2 Bread	380	19	38	15	5	40	20%	4%	20%	15%	840	3
Carrot Raisin Muffin 96/1 muffin	1 Bread	190	3	29	8	1	0	182	0	1	16	220	<1

Product Serving per case/ Serving Size	School Meal Contribution	Food Energy	Protein	Carbs.	Fat	Saturated Fat	Cholesterol	Vitamin A	Vitamin C	Iron	Calcium	Sodium	Fiber
		calories	grams	grams	grams	grams	mg	units	mg	mg	mg	mg	grams
<i>United Commodity (Con't)</i>													
Cherry Applesauce 96 /1/2 cup	1 Fruit	110	0	31	0	0	0	0	2%	0	2%	20	2
Cherry Muffin 96/1 muffin	1 Bread	190	3	27	8	2	0	24	0	1	29	220	0
Cherry Pie Filling 6/#10/1/2 cup	3/8 cup Fruit	180	0	41	0	0	0	2	2	0	0	45	0
Chocolate Choc. Chip Muffin Lofat 96/1 muffin	1 Bread	220	3	40	6	2	0	0%	0%	4%	2%	210	1
Cinnamon Applesauce 96/1/2 cup	1 Fruit	120	0	30	0	0	0	0	0	0	0	15	2
Mini Corn Dog Nuggets 40/6 nuggets	2 oz. Meat 2 Bread	500	16	42	30	6	60	0	0	30%	8%	1,320	0
Orange Juice 48/4 oz.	1 Fruit	55	0	14	0	0	0	188	63	.2	10	0	0
Quesadilla Pork/Cheese 60/1 each	2 oz. Meat 2 Bread	320	17	30	14	5	40	20%	4%	15%	15%	770	3
Raisin Spice Muffin 96/1 muffin	1 Bread	200	3	30	8	1	0					220	0
Turkey Breast Deli Roll 18-20#/3 oz.	2 oz. Meat	90	17	2	2	0	42	0	0	6%	2%	570	0

Product Serving per case/ Serving Size	School Meal Contribution	Food Energy	Protein	Carbs.	Fat	Saturated Fat	Cholesterol	Vitamin A	Vitamin C	Iron	Calcium	Sodium	Fiber
		calories	grams	grams	grams	grams	mg	units	mg	mg	mg	mg	grams
Wawona													
Apple Cups 96/4 oz.	1 Fruit	91	.25	23	.29	.05	0	30	90	.16	4	13	2
Strawberry Cups 96/4 oz.	1 Fruit	119	.58	32	.14	.01	0	26	45	.65	12	8	2
Williamston Foods													
15" Pepperoni Pizza 72/1 slice	2 oz. Meat 3 Bread 1/8 c. Veg.	432	23	51	15	6	33	452	2	2	254	597	n/a
Pizza Boat 72/1 boat	2 oz. Meat 3 Bread 1/4 c. Veg.	382	23	48	11	6	31	263	5	4	451	694	3
Italian Pizza Bagel 60/1 bagel	2 oz. Meat 3 Bread 1/4 c. Veg.	380	23	42	13	5	55	15%	15%	20%	25%	940	2
Cinnamon Texas Toast 72/1 piece	1 oz. Meat 1 ½ Bread	320	20	46	10	3	110	10%	2%	10%	10%	480	3
Texas Cheese Toast 72/1 piece	2 oz. Meat 3 Bread	400	17	36	21	6	55	10%	0	2%	25%	1,000	4
Zartic													
Pre-cooked Beef Steaks 116/1 patty	2 1/4 oz. Meat	156	15	0	10	4	44	0	0	2	5	120	0

EXPECTED COMMODITIES SY 2001/2002

Corn 6/10
Carrots 6/10 **New Item**
Green Beans 6/10
Blackeyed Beans 6/10
Frozen Carrots - 30#
Frozen Corn - 30#
Frozen Peas - 30#

Potato Wedges - 30#
Potato Rounds - 30#
Potato Oven Fry - 30#

Salsa 6/10
Tomato Sauce 6/10
Diced Tomatoes 6/10
Spaghetti Sauce 6/10
Tomato Paste 6/10

Raisins 144/1.33oz
Fruit Trail Mix 30#
Dried Cherries 4/4#
Dried Cranberries 5/5#

Apple Slices 6/10
Applesauce 6/10
Apricots 6/10
Peaches Sliced 6/10
Peach Cup Frz. 96/4oz
Pineapple Tidbits 6/10
Fruit Mix 6/10
Pear Halves 6/10
Pear Sliced 6/10
Pear Diced 6/10 **New Item**
Cranberry Sauce 6/10

Diced Chicken 4/10#
Chicken Patty Grill, SOC 30#
Chicken, Cooked, Breaded, Frz. 30# **New Item**
Turkey Roast Bulk/Lbs.
Turkey Roast Slc. SOC Bulk/Lbs
Turkey Hams Bulk/Lbs
Ground Beef 40#
Ham Frz Bulk/Lbs

Cheese Shredded Cheddar 6/5#

Cheese Mozzarella Frz 8/6#
Processed Am Cheese Sliced 6/5#

Flour AP 40#
Flour B 50#
Flour Mix 6/5#
Macaroni 20#
Oats 12/3#
Rotini 20#
PB Smooth 6/5#
Rice 25#
Vegetable Oil 6/1gallon
Short Liq 6/1gallon
Spaghetti 20#

STATEWIDE TRAINING PROGRAM CLASS SCHEDULE 2001

NOTE: All registrations must be in the MDE office before the deadline dates--
registrations received after the deadline dates will be returned!

SCHOOL FOOD SERVICE BASICS - 100 Fee: Member \$18.00 and Non-Member \$25.00

Location	Dates	Times
Genesee ISD	August 13-14, 2001	8:30 a.m.
	- 3:00 p.m.	
Health & Nutrition Services 5089 Pilgrim Road Flint, MI 48507 Deadline: July 30, 2001		

SANITATION AND FOOD SAFETY - 130 Fee: Member \$18.00 and Non-Member \$25.00

Location	Dates	Times
John A. Bozymowski Center	June 25, 26, 28, 2001	8:30 a.m. -
	12:00 Noon	
Media Center 11870 Eldorado Sterling Heights, MI 48312 Deadline: June 11, 2001		
Escanaba High School	June 28-29, 2001	10:00 a.m. -
	3:00 p.m.	
500 South Lincoln Escanaba, MI Deadline: June 14, 2001		
Genesee ISD	August 1-2, 2001	8:30 a.m. -
	3:00 p.m.	
Health & Nutrition Services 5089 Pilgrim Road Flint, MI 48507 Deadline: July 18, 2001		
Genesee ISD	August 6-7, 2001	8:30 a.m. -
	3:00 p.m.	
Health & Nutrition Services 5089 Pilgrim Road		

Flint, MI 48507
Deadline: July 23, 2001

SUCCESSFUL COMMUNICATIONS - 140

Fee: Member \$18.00 and Non-Member \$25.00

Location	Dates	Times
Genesee ISD	August 1-2, 2001	8:30 a.m. - 3:00 p.m.

Health & Nutrition Services
5089 Pilgrim Road
Flint, MI 48507
Deadline: July 18, 2001

PRINCIPLES OF FOOD PREP - 150

Prerequisite: Sanitation & Safety - 120

Fee: Member \$18.00 and Non-Member \$25.00

Each participant must bring a calculator to class.

Location	Dates	Times
Genesee ISD	August 6-7, 2001	8:30 a.m. - 3:00 p.m.

Health & Nutrition Services
5089 Pilgrim Road
Flint, MI 48507
Deadline: July 23, 2001

Charlotte High School	August 16-17, 2001	8:30 a.m. - 1:30 p.m.
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Cafeteria
378 State Street
Charlotte, MI 48813
Deadline: August 2, 2001

NUTRITION I - 180

Fee: Member \$18.00 and Non-Member \$25.00

Location	Dates	Times
Marquette Senior High School	August 6 & 7, 2001	
	8:00 a.m. - 4:00 p.m. (6th)	
Room 126	8:30 a.m. - 11:30 a.m. (7th)	

1203 W. Fair Avenue
Marquette, MI
Deadline: July 23, 2001

GRAIN BASED DESSERTS - 201 (3 hours--not 10 hours)

Fee: Member \$15.00 and Non-Member \$18.00
 Prerequisites: Sanitation & Safety - 120 and Principles of Food Prep - 150
 (If you have completed Principles of Food Prep-Intro - 160 or
 Healthy Cuisine for Kids - 500, you may substitute one of these for the #150 prerequisite.)

Location	Dates	Times
Jenison High School	June 26, 2001	8:30 a.m. - 11:30 p.m.
2140 Bauer Road Jenison, MI 49428 Deadline: June 12, 2001		

GRAIN BASED DESSERTS - 201 (3 hours--not 10 hours) (cont.)
 Fee: Member \$15.00 and Non-Member \$18.00
 Prerequisites: Sanitation & Safety - 120 and Principles of Food Prep - 150
 (If you have completed Principles of Food Prep-Intro - 160 or
 Healthy Cuisine for Kids - 500, you may substitute one of these for the #150 prerequisite.)

Location	Dates	Times
Marquette Senior High School	August 7, 2001	12:30 p.m. - 3:30 p.m.
Room 126 1203 W. Fair Ave. Marquette, MI Deadline: July 24, 2001		
Genesee ISD	August 8, 2001	1:00 p.m. - 4:00 p.m.
Health & Nutrition Services 5089 Pilgrim Road Flint, MI 48507 Deadline: July 25, 2001		

SALADS & SALAD DRESSINGS - 202 (3 hours--not 10 hours)
 Fee: Member \$15.00 and Non-Member \$18.00
 Prerequisites: Sanitation & Safety - 120 and Principles of Food Prep - 150
 (If you have completed Principles of Food Prep-Intro - 160 or
 Healthy Cuisine for Kids - 500, you may substitute one of these for the #150 prerequisite.)

Location	Dates	Times
Genesee ISD	August 8, 2001	8:30 a.m. - 11:30 a.m.
Health & Nutrition Services 5089 Pilgrim Road Flint, MI 48507 Deadline: July 25, 2001		

SATELLITING FOODS - 204 (3 hours--not 10 hours)
 Fee: Member \$15.00 and Non-Member \$18.00

Prerequisites: Sanitation & Safety - 120 and Principles of Food Prep - 150
 (If you have completed Principles of Food Prep-Intro - 160 or
 Healthy Cuisine for Kids - 500, you may substitute one of these for the #150 prerequisite.)

Location	Dates	Times
Jenison High School	June 26, 2001	1:00 p.m. - 4:00 p.m.

2140 Bauer Rd.
 Jenison, MI 49482
 Deadline: June 12, 2001

Marquette Senior High School	August 8, 2001 8:30 a.m. - 11:30 a.m.
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Room 126
 1203 W. Fair Ave.
 Marquette, MI
 Deadline: July 25, 2001

MICHIGAN'S HEALTHY EDGE 2001 - 280
 Fee: Member \$18.00 and Non-Member \$25.00

Location	Dates	Times
Genesee ISD	August 21-22, 2001	8:30 a.m. - 2:30 p.m.

Health & Nutrition Services
 5089 Pilgrim Road
 Flint, MI 48507
 Deadline: August 7, 2001

EFFECTIVE WRITING - 360
 Fee: Member \$18.00 and Non-Member \$25.00

Location	Dates	Times
Grand Rapids Food & Nut. Ctr.	August 8 & 9, 2001 8:30 a.m. - 1:30 p.m.	

1130 Race Street
 Grand Rapids, MI 49503
 Deadline: July 25, 2001

Use one form and one check per class.

LOCATION OF CLASS: _____

DATE(S) OF CLASS: _____

Last Name

First Name

Social Security Number

School District Name

District #

Home Address
City, Zip

Telephone Number

Home: ()

Work: ()

NOTE: Please enter home telephone number--it is virtually impossible to contact individuals of any cancellations through the school district when classes are held when school is not in session (i.e., summer, inclement weather).

MSFSA Membership #

Check which type of menu planning method you use:

“ Food based - traditional

“ Nutrient standard

“ Food based - enhanced

“ Assisted NSMP

\$

P.O. Box 30008, Lansing, MI 48909

You may fax this information to (517) 373-4022.

All registrations are accepted on a first-come, first-served basis. If this class is filled, the registration form and check will be returned to you. **Confirmation letters will NOT be mailed.** Assume that you are registered unless otherwise notified.

For Michigan Department of Education Use Only

Check #

" School " Personal

Amount

\$

[Copy as necessary]

Statewide Training Program Multi-Registration Form

Use one form and one check per class.

CLASS NAME: _____ _____ LOCATION OF CLASS: _____ _____ DATE(S) OF CLASS: _____ _____	SCHOOL DISTRICT: PHONE:	DISTRICT NUMBER:
--	--	-------------------------

Last Name	First Name	Social Security #	Home Telephone #	Home Address (Street, City, Zip)	MSFSA #	Fee Per Student
1						
2						
3						
4						
5						

Check which type of menu planning method you use:

- | | |
|----------------------------|---------------------|
| " Food based - traditional | " Nutrient standard |
| " Food based - enhanced | " Assisted NSMP |

Total the right hand column and attach a separate check for this amount only. **LLLLLLLLLLLL**
 Make checks payable to **MSFSA**.

Make check payable to MSFSA and mail to: **Michigan Department of Education,
Statewide Training Program--School Meals Unit**

P.O. Box 30008, Lansing, MI 48909

To complete your registration, we must receive a check or purchase order number by the deadline.

You may fax this information to (517) 373-4022.

All registrations are accepted on a first-come, first-served basis. If this class is filled, the registration form and check will be returned to you. **Confirmation letters will NOT be mailed.** Assume that you are registered unless otherwise notified.

For Michigan Department of Education Use Only	Check #	" School " Personal	Amount	\$
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